

# GYNAECOLOGICAL CANCERS



Management, supportive care, and survivorship issues for nurses

**Friday 14 July 2023**

9.00am–4.30pm

Woodward Conference Centre

10th floor, Melbourne Law (Building 106)

185 Pelham St, Carlton

A symposium to provide nurses with the latest knowledge and strategies to help care for individuals with gynaecological cancers, and their families.

## Outcomes

To provide an overview of the different types of gynaecological cancers to enable best practice supportive care needs of individuals.

- To explore the role of nurses in the multidisciplinary team and the interdisciplinary approach to gynaecological cancer management.
- To address supportive care needs; physical, emotional, and psychosocial challenges, faced by individuals and families affected by gynaecological cancers.
- To discuss strategies for follow-up care, survivorship planning, and rehabilitation to facilitate the transition from active treatment to survivorship.

Time	Event	Topic	Speakers
9.00am	Welcome and Introduction	Introduction Acknowledgement of Country Explanation of the goals and objectives of the symposium	A/Prof Sumitra Ananda Dr Niveditha Rajadevan
9.15am	Session 1	Consumer session	
9.15am	ANZGOG Survivors Teaching Students (STS)	<ul style="list-style-type: none"> <li>• Introduction</li> <li>• ANZGOG and WomenCan</li> <li>• Consumer presentation</li> <li>• Consumer presentation</li> <li>• Consumer presentation</li> <li>• Q&amp;A panel discussion</li> </ul>	Jane Power Karen Livingstone AM Laura Langdon Karen Curnow Norma Raspin
10.15am	Session 2	Ovarian cancer – treatment and nursing management	
10.15am		Introduce ovarian cancer – present case study	Dr Julie Lamont
10.30am		Genetics (of ovarian and endo)	Prof Clare Scott AM

Time	Event	Topic	Speakers
11.00am	Morning tea break		
11.15am	Session 2 cont.	Ovarian cancer – treatment and nursing management	
11.15am	<i>(session and panel focus: bowel obstruction, pain management, clinical trials, palliative care, end of life)</i>	<ul style="list-style-type: none"> <li>Panel discussion (45 mins) <ul style="list-style-type: none"> <li>Discussion on how to manage the patient.</li> <li>What are your first concerns?</li> <li>What has happened?</li> <li>What do we expect will happen next?</li> </ul> </li> <li>Q&amp;A (15 mins)</li> </ul>	Fiona Mitchell (facilitator) Prof Clare Scott AM Prof Jennifer Philip Linda McEwan Dr Julie Lamont Dr Elizabeth Farrell AM Norma Raspin Karen Curnow
12.15pm		<ul style="list-style-type: none"> <li>Ovarian Cancer Australia TEAL support &amp; Psychosocial services</li> </ul>	Fiona Mitchell & Dr Lauren Williams
12.45pm	Lunch break		
1.30pm	Session 3	Endometrial cancer - treatment and nursing management	
1.30pm	<i>(session and panel focus: survivorship (shared care model), modifiable lifestyle factors (diet and exercise), pelvic floor dysfunction and incontinence)</i>	<ul style="list-style-type: none"> <li>Introduce endometrial cancer – present case study (15 mins)</li> <li>Panel Discussion (45 mins) <ul style="list-style-type: none"> <li>Discussion on how to manage the patient.</li> <li>What are your first concerns</li> <li>What has happened?</li> <li>What do we expect will happen next?</li> </ul> </li> <li>Q&amp;A (15 mins)</li> </ul>	Dr Nikki Burdett  Annie Chuang – facilitator Dr Nikki Burdett Dr Niveditha Rajadevan Nicole Kinnane Clem Byard A/Prof Helena Frawley Jane Power
3.00pm	Afternoon tea break		
3.15pm	Session 4	Cervical cancer – treatment and nursing management	
3.15pm	<i>(session and panel focus: sexuality, fertility, psychosocial care, distress thermometer)</i>	<ul style="list-style-type: none"> <li>Introduce cervical cancer – present case study (15 mins)</li> <li>Panel Discussion (45 mins) <ul style="list-style-type: none"> <li>Discussion on how to manage the patient.</li> <li>What are your first concerns?</li> <li>What has happened?</li> <li>What do we expect will happen next?</li> </ul> </li> <li>Q&amp;A (15 mins)</li> </ul>	Dr Ming Yin Lin  Nicole Kinnane – facilitator Dr Ming Yin Lin Eliza Bailey Dr Nikki Burdett A/Prof Kate Stern AO A/Prof Lesley Stafford Karen Curnow
4.15pm	Closing remarks / evaluation	Final thoughts and takeaways  Feedback/evaluation	A/Prof Sumitra Ananda  Dr Niveditha Rajadevan
4.30pm	Close		

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